



Health Insurance Open Enrollment Checklist for Individuals

To make Open Enrollment go more smoothly, when it begins on **November 1, 2015**, you can use the following checklist to gather information that will be helpful when you contact us for quotes. Please contact TMA Insurance Trust for any help in getting what you need:

<input type="checkbox"/>	Gather the Social Security or immigration document numbers of all individuals to receive health insurance coverage.
<input type="checkbox"/>	If anyone in your household already has health insurance, gather these policy numbers.
<input type="checkbox"/>	List the health care providers you want access to, so you can check whether your prospective plan networks include them. Include preferred primary care physicians, specialists and hospitals for all insured persons. Compare in-network and out-of-network copays for all providers.
<input type="checkbox"/>	List the medications your family needs, including dosages, and check against the drug formularies of plans you're considering. Note the copays for each prescription. (Your pharmacy can provide a list of the medicines you've purchased over time.)
<input type="checkbox"/>	Calculate your desired and maximum monthly premiums. For assistance, consult How to Estimate What You'll Spend on Healthcare from WebMD.

If you need assistance completing this checklist or securing coverage during Open Enrollment, **TMA Insurance Trust** wants to help you find the answers you need.

Contact Us Today.

TMAIT.org | (800) 880-8181 | Contact@TMAIT.org